

BRRC's Sundae Sunday 10 Miler

September 08, 2019 - 7:00 a.m.

Dwight Merkel Sports Complex (Picnic Shelter)

A Bloomsday Road Runners Club Event

Chip Timing By Across the Line Timing, Finisher Medals, Free Ben & Jerry's Ice Cream

Register online at: <https://raceroster.com/events/2019/22771/brrcs-sundae-sunday-10-miler#>

Entry Fee: \$40.00 with long sleeved tech shirt. You must pre-register by August 28th to receive a shirt. No shirt: **\$25**

Late Entry Fee (8/29 to 9/7): \$30.00. Late entries will not receive a shirt.

Day of Race entry: \$40.00 - no shirt. Registration will begin at 6:00 am. and close at 6:30 am. Fees are not refundable.

Age Groups: 0-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over, Wheelchair Division. Wheelchairs only are allowed—no hand cycles.

Awards: Awards to top male and female finishers and to the top three finishers in each age group. Number pickup and late registration on Saturday, Sept. 7th. from 1-4 p.m. at the north Runners Soul.

Headphones: The use of personal music devices is strongly discouraged at this race. The course is not closed, so for the safety of all participants we encourage a headphone-free environment during the running of the Sundae Sunday 10 Miler.

Race personnel reserve the right to delay, cancel or suspend the race due to inclement weather. Participants must abandon the race if ordered to do so. Registration fees will not be refunded if the race is cancelled due to inclement weather

Mail check to: **BRRC, 16424 N. Napa Lane Spokane, WA 99208; Do not mail after 9/1.** Please send only the bottom portion of the form. **Checks must be made out to BRRC.**



First Name: _____ Last Name: _____ Age on 9/08/19: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____ Gender: M F

T-shirt size (circle): Womens: XS, S, M, L, XL, XXL, NS Amount paid \$ _____
Mens: XS, S, M, L, XL, XXL, NS

Emergency contact name & phone number: _____

E-mail: _____

Please read carefully

WAIVER: In consideration of acceptance of this entry and intending to be legally bound, I hereby for myself, heirs, executors and administrators waive, release, and discharge any and all rights and claims to damages which I may have or which may hereinafter accrue to me against the Bloomsday Road Runners Club, Riverside State Park, the City of Spokane or other sponsors of this run, or respective officers, agents, representatives successors and/or assigns for myself in connection with my entry and/or travel to participate in and returning from the Sundae Sunday 10 miler, or use of Riverside State Park roadways on September 08, 2019. Realizing the dangers of using headphones, I agree I will not use them. I agree that I will not run with a dog. I have read the above statement. I understand it and my signature confirms its acceptance,

Signature: _____ Date _____

Parent's signature if under 18: _____ Date _____